WHAT IS CLAIMED:

1. A disposable garment, comprising:

a chassis defining a waist opening and two leg openings; and

a targeted elastic material in at least a portion of the chassis, the targeted elastic material including at least one high tension zone in the vicinity of at least one of the waist and leg openings, and at least one low tension zone.

2. The disposable garment of Claim 1, comprising the high tension zone in the vicinity of the waist opening

3. The disposable garment of Claim 1, comprising high tension zones in the vicinity of both leg openings.

4. The disposable garment of Claim 1, comprising high tension zones in the vicinity of the waist and leg openings.

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5. The disposable garment of Claim 1, wherein the targeted elastic material comprises a targeted elastic laminate including the low and high tension zones;

the low tension zone including a plurality of elastomeric first filaments, the low tension zone having a first basis weight;

the high tension zone including a plurality of elastomeric second filaments, the high tension zone having a second basis weight higher than the first basis weight;

the laminate further including a facing layer bonded to at least a first side of the low tension zone and a first side of the high tension zone.

- 6. The disposable garment of Claim 5, wherein the elastomeric first and second filaments have different average filament sizes.
- 7. The disposable garment of Claim 5, wherein the elastomeric first and second filaments have different filament densities.
- /8. The disposable garment of Claim 5, further comprising a second facing layer bonded to a second side of the low tension zone and a second side of the high tension zone.

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9. The disposable garment of Claim 1, wherein the targeted elastic material comprises a targeted elastic laminate including the low and high tension zones;

the low tension zone including a plurality of elastomeric first filaments, the first filaments including a first elastomeric polymer composition;

the high tension zone including a plurality of elastomeric second filaments, the second filaments including a second elastomeric polymer composition;

the laminate further including a facing material bonded to at least a first side of the low tension zone and a first side of the high tension zone.

and the second filaments each comprise a base polymer selected from the group consisting of styrene-isoprene-styrene block copolymers, styrene-butadiene-styrene block copolymers, styrene-ethylene/butylene-styrene block copolymers, styrene-ethylene-propylene-styrene block copolymers, polyurethanes, elastomeric polyamides, elastomeric polyesters, elastomeric polyolefin homopolymers and copolymers, atactic polypropylenes, ethylene vinyl acetate copolymers, single-site or metallocene catalyzed polyolefins having a density less than about 0.89 grams/cc, and combinations thereof.

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11. A disposable absorbent garment, comprising:

a chassis including an absorbent composite structure and side panels extending from the absorbent composite structure;

waist and leg openings defined by the chassis; and

a targeted elastic material in the side panels, the targeted elastic material including at least one high tension zone aligned with at least one of the waist and leg openings, and at least one low tension zone.

- 12. The disposable absorbent garment of Claim 11, wherein the targeted elastic material includes at least two high tension zones aligned with at least one of the waist and leg openings.
- 13. The disposable absorbent garment of Claim 11, comprising the high tension zone aligned with the waist opening.
- 14. The disposable absorbent garment of Claim 11, comprising high tension zones aligned with the leg openings.
- The disposable absorbent garment of Claim 11, comprising high tension zones aligned with the waist and leg openings.

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- 16. The disposable absorbent garment of Claim 12, comprising at least two high tension zones aligned with each of the waist and leg openings.
- 17. The disposable garment of Claim 11, wherein the targeted elastic material comprises a targeted elastic laminate including the low and high tension zones;

the low tension zone including a plurality of elastomeric first filaments, the low tension zone having a first basis weight;

the high tension zone including a plurality of elastomeric second filaments, the high tension zone having a second basis weight higher than the first basis weight;

the laminate further including a facing layer bonded to at least a first side of the low tension zone and a first side of the high tension zone.

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18. The disposable garment of Claim 11, wherein the targeted elastic material comprises a targeted elastic laminate including the low and high tension zones;

the low tension zone including a plurality of elastomeric first filaments, the first filaments including a first elastomeric polymer composition;

the high tension zone including a plurality of elastomeric second filaments, the second filaments including a second elastomeric polymer composition; the laminate further including a facing material bonded to at least a first side of the low tension zone and a first side of the high tension zone.

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19. A disposable garment, comprising:

a chassis defining one or more openings; and

a targeted elastic material in at least a portion of the chassis, the targeted elastic material including at least one high tension zone aligned with at least one of the openings, and at least one low tension zone.

- 20. The disposable garment of Claim 19, comprising a diaper.
- 21. The disposable garment of Claim 19, comprising a training pant.
- 22. The disposable garment of Claim 19, comprising a feminine hygiene article.

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- 23. The disposable garment of Claim 19, comprising swim wear.
- 24. The disposable garment of Claim 19, comprising an absorbent underpant.
- 25. The disposable garment of Claim 19/comprising a protective gown.
- 26. The disposable garment of Claim 19, comprising a protective cap.
- 27. The disposable garment of Claim 19, comprising a protective glove.
- 28. The disposable garment of Claim 19, comprising a protective drape.
- 29. The disposable garment of Claim 19, comprising a protective face mask.

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